Vol.: 05

ENVIRONMENT REINTEGRATION AND AWARENESS-BASED ART THERAPY FOR RURAL ELDERLY

Project No: 2024-1-TR01-KA220_ADU-000250176 www.erasmusera.com OCTOBER, 2026

FROM SHARED RESULTS TO LASTING COLLABORATION

CLOSING MEETING IN SOFIA | 2 OCTOBER 2026

3 countries

6 creative tools

632 older adults in the needs analysis

ERA partners gathered in Sofia, Bulgaria, for the closing transnational meeting hosted by MC Medical LOT. Representatives from Türkiye, Bulgaria and Lithuania reviewed research, creative resources, training activities and dissemination progress, and agreed the remaining steps towards final reporting. The meeting focused on helping professionals and organisations continue using ERA approaches to support older adults' participation, well-being and connection with nature.



ERA partners at the closing meeting, Sofia, 2 October 2026.

FROM RESEARCH TO PRACTICE

A needs analysis involving 632 older adults informed accessible creative activities. Six Eco-Art Therapy tools combine creativity, cultural memory, environmental awareness and social interaction. Piloting, professional training and international learning in Klaipėda helped refine the resources for use in different settings.

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KEEPING THE ERA APPROACH ALIVE

MULTIPLIER EVENTS

Partners in Türkiye, Bulgaria and Lithuania are organising multiplier events to share ERA results with educators, caregivers, social workers, healthcare professionals and community organisations. Events will introduce the resources, exchange implementation experiences and explore adaptation to local services. Partners are working towards completing these events by October & November.

SUSTAINABLE COLLABORATION

Partners are inviting stakeholders to sign Memoranda of Understanding (MoUs) to support cooperation beyond the funded project period. Agreements aim to encourage continued use and sharing of ERA resources, professional exchange and future creative activities with older adults.

Collective target: 50 MoU signatures.

RESOURCES FOR CONTINUED LEARNING

The Eco-Art Therapy Toolkit, learning materials and six project articles document the journey from needs analysis and module development to practical application, international training and project outcomes.

JOIN ERA'S NEXT CHAPTER

Interested in using ERA resources or exploring sustainable collaboration? Visit www.erasmusera.com and contact a partner to learn about multiplier events and MoU opportunities.

Create together. Connect with nature. Keep learning at every age.

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